Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: HDHP



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://eoc.anthem.com/eocdps/aso">https://eoc.anthem.com/eocdps/aso</a> or by calling 1-855-593-8123.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,800 Individual/\$3,600 Family for In-Network Providers. \$2,800 Individual/\$5,600 Family for Out-of-Network Providers. In-Network Provider and Out-of-Network Provider deductibles are combined. Satisfying one helps satisfy the other. Includes Prescription Drug Expenses; Does not apply to In-Network Preventive Care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. Single Coverage: \$5,000; Other Tiers: \$6,850 Individual/\$10,000 Family for In- Network Providers. Single Coverage: \$7,500; Other Tiers:\$15,000 Individual/\$15,000 Family for Out-of-Network Providers. In-Network Provider and Out-of-Network Provider out-of-pocket are combined. Satisfying one helps satisfy the other. Includes Prescription Drug Expenses	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Services deemed not medically necessary by Medical Management and/or Anthem, Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.

Questions: Call 1-855-593-8123 or visit us at www.anthem.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.anthem.com">www.anthem.com</a> or call 1-855-593-8123 to request a copy.

Does this plan use a network of providers?	Yes. See <u>www.anthem.com</u> or call 1-855-593-8123 for a list of In-Network Providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In-Network <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
If you visit a health	Specialist visit	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
care <u>provider's</u> office or clinic	Web Dr. Visit via LiveHealth Online	\$49 until Deductible is satisfied; then 20% Coinsurance, or \$9.80	N/A – All providers available via LiveHealth Online participate with Anthem BCBS	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Other practitioner office visit	Chiropractic Therapy 20% Coinsurance, after deductible Acupuncture 20% Coinsurance, after deductible	Chiropractic Therapy 40% Coinsurance, after deductible Acupuncture 40% Coinsurance, after deductible	Chiropractic Therapy Coverage is limited to 20 visits per Benefit Period combined In-Network and Out-of- Network Providers. Acupuncture: Must be administered by a medical doctor or a licensed acupuncturist
	Preventive care/screening/immunization	No Cost Share	No Cost Share	For out-of-network services, providers may balance bill you for the charges above MAA, and you are responsible for those charges.
If you have a test	Diagnostic test (x-ray, blood work)	Lab – Office 20% Coinsurance, after deductible X-Ray – Office 20% Coinsurance, after deductible	Lab – Office 40% Coinsurance, after deductible X-Ray – Office 40% Coinsurance, after deductible	none
	Imaging (CT/PET scans, MRIs)	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
If you need drugs to treat your illness or	Generic drugs	\$5- <u>10</u> copay (retail) / \$ <u>12.5020</u> (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)
condition  More information	Preferred brand drugs	\$30 copay (retail) / \$75 copay (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)
about <u>prescription</u> <u>drug coverage</u> is available at www.citibenefitsonlin e.com	Non-preferred brand drugs	50% covered - \$50 min./\$150 max copay (retail) / 50% covered \$125 min./\$375 max. (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Specialty drugs	\$5-20_copay (generic), 75% covered - \$50 min./\$150 max copay (preferred brand), 50% covered - \$100 min./\$250 max. copay (non-preferred brand), after deductible	Not covered	Covers up to 3430-day supply
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Precertification is required for certain services.
surgery	Physician/surgeon fees	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Precertification is required for certain services.
If you need immediate medical	Emergency room services	20% Coinsurance, after deductible	20% Coinsurance, after deductible	Cost share is not waived if admitted to the hospital. Failure to obtain pre authorization within 48 hours of an emergency admission may result in non coverage or reduced benefits.
attention	Emergency medical transportation	20% Coinsurance, after deductible	20% Coinsurance, after deductible	Failure to obtain pre authorization may result in non-coverage for Air Ambulance.
	Urgent care	20% Coinsurance, after deductible	20% Coinsurance, after deductible	none
If you have a hospital	Facility fee (e.g., hospital room)	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Failure to obtain pre-authorization may result in non coverage or reduced benefits.
stay	Physician/surgeon fee	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Failure to obtain pre-authorization may result in non coverage or reduced benefits.
health, or substance abuse needs	Substance use disorder outpatient services	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
	Substance use disorder inpatient services	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Failure to obtain pre-authorization may result in non coverage or reduced benefits.
	Prenatal and postnatal care	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
If you are pregnant	Delivery and all inpatient services	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Failure to obtain pre-authorization for Inpatient stay that exceeds 48 hours of normal delivery and 96 hours after a cesarean delivery may result in non coverage or reduced benefits.  Applies to inpatient facility. Other cost shares may apply depending on the services provided.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Home health care	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Coverage is limited to 200 visits per Benefit Period combined In-Network and Out-of- Network Providers, including Private duty nursing. Additional visits may be covered with prior approval if medically necessary. Failure to obtain pre-authorization may result in non coverage or reduced benefits.
If you need help recovering or have other special health needs	Rehabilitation services	Physical and occupational therapy: 20% coinsurance, after deductible first 60 visits; 30% coinsurance, after deductible thereafter with medical necessity review  Speech therapy: 20% coinsurance, after deductible first 90 visits; 30% Coinsurance, after deductible thereafter with medical necessity review	Physical and occupational therapy: 40% coinsurance, after deductible first 60 visits; 50% Coinsurance, after deductible thereafter with medical necessity review  Speech Therapy: 40% coinsurance, after deductible first 90 visits; 50% Coinsurance, after deductible thereafter with medical necessity review	Coverage is limited to 60 visits per calendar year for Physical and Occupational Therapy combined, 90 visits per calendar year for Speech Therapy. Additional visits subject to medical necessity review and approval. Visit maximum is combined in and out of network.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of- Network Provider	Limitations & Exceptions
	Habilitation services	Physical and occupational therapy: 20% coinsurance, after deductible first 60 visits; 30% coinsurance, after deductible thereafter with medical necessity review  Speech Therapy: 20% coinsurance, after deductible first 90 visits; 30% Coinsurance, after deductible thereafter with medical necessity review	Physical and occupational therapy: 40% coinsurance, after deductible first 60 visits; 50% Coinsurance, after deductible thereafter with medical necessity review  Speech Therapy: 40% coinsurance, after deductible first 90 visits; 50% Coinsurance, after deductible thereafter with medical necessity review	Coverage is limited to 60 visits per calendar year for Physical and Occupational Therapy combined, 90 visits per calendar year for Speech Therapy. Additional visits subject to medical necessity review and approval. Visit maximum is combined in and out of network.
	Skilled nursing care	20% Coinsurance, after deductible	40% Coinsurance, after deductible	Coverage is limited to 120 days per Benefit Period combined In-Network and Out-of- Network Providers. Failure to obtain pre-authorization may result in non coverage or reduced benefits.
	Durable medical equipment	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
	Hospice service	20% Coinsurance, after deductible	40% Coinsurance, after deductible	none
If your child needs	Eye exam	No Cost Share	No Cost Share	Coverage is limited to One Exam every calendar year.
dental or eye care	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u>.)

Cosmetic surgery

Long-term care

• Weight Loss programs

Dental care (Adult)

**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Applied Behavioral Analysis (ABA) Therapy
- Bariatric surgery only for Morbid Obesity and must use an Anthem Blue Distinction Center (BDC or BDC+) or surgery is not covered; Precertification required for inpatient and outpatient services
- Gender Reassignment Surgery and related, medically necessary services

- Hearing aids (Benefit available to adults once every 3 calendar years and to children once every 2 calendar years regardless of reason for Hearing loss).
- Infertility treatment (Coverage for medical expenses is limited to a \$24,000 family lifetime maximum; Prescription drug expenses are limited to a \$7,500 family lifetime maximum)
- Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide

- Routine eye care (Adult) (Coverage is limited to One Exam every calendar year. Covered as part of a Routine Physical; complete Eye Exams are Not Covered.))
- Routine foot care

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-855-593-8123. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

Anthem BlueCross BlueShield ATTN: Appeals P.O. Box 105568 Atlanta, GA 30348-5568

Or Contact:

Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA(3272) or www.dol.gov/ebsa/healthreform

#### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". This plan or policy does provide minimum essential coverage.

#### Does this Coverage Meet Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

#### It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279 or by email to compliance.coordinator@anthem.com. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>. Complaint forms are available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>. Complaint forms are available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>. Complaint

#### **Language Access Services:**

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

■ Amount owed to providers: \$7,540

■ Plan pays: \$4,480 ■ Patient pays: \$3,060

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

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Deductibles	\$1,800
Copays	\$0
Coinsurance	\$1,090
Limits or exclusions	\$170
Total	\$3,060

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

Plan pays: \$550Patient pays: \$4,850

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$1,800
Copays	\$0
Coinsurance	\$120
Limits or exclusions	\$2,930
Total	\$4,850

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.