SSS TRIPLE-S SALUD 👰 🗓

Coverage for: Ind/Ind + 1/Fam | Plan Type: PPO

Coverage Period: 01/01/2023 – 12/31/2023

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can access www.ssspr.com or call (787) 774-6060. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-981-3241 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Does not apply	You don't have to meet <u>deductibles</u> for specific services, but a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	Yes. Major Medical coverage - \$50 Individual / \$150 Family. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For medical, hospital and prescription drug services provided by in-network providers - \$5,000 Individual / \$10,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, health care this plan doesn't cover, payments for non essential benefits, out of network coinsurance / copayments, and penalties for failure to obtain precertification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.ssspr.com</u> or call 1-800-981-3241 for a list of <u>network</u> <u>providers.</u>	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 1210-0147/Expiration date: 5/31/2022) number: 0938-1146/Expiration date: 10/31/2022)

1 of 7

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 <u>copay</u> / visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Specialist/ subspecialist visit	\$15 <u>copay</u> / <u>specialist</u> visit \$15 <u>copay</u> / subspecialist visit	20% coinsurance, covered by reimbursement after annual deductible	none
	Preventive care/screening /immunization	No charge for preventive services according to the Federal Law No charge for other immunizations No charge for the immunization for respiratory syncytial virus.	20% coinsurance, covered by reimbursement after annual deductible	Immunization for respiratory syncytial virus requires precertification. You may have to pay for non-preventive services. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	25% coinsurance / x-ray and blood work 10% coinsurance / other diagnostic tests	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Imaging (CT/PET scans, MRIs)	10% coinsurance	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Pet scan and PET CT, up to one (1) per year, per member, subject to precertification.

Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.ssspr.com.	Generic drugs	\$2 <u>copay</u> / \$6 <u>copay</u> mail order	Prescription drug coverage outside the Primary Network in Puerto Rico: Generic drug – 10% minimum \$5 copay Brand drug – 20% minimum \$10 copay	 The following rules apply: Generic drugs as first option. Up to 30-day (retail) supply and 90-day supply or mail order for some maintenance drugs. Mail order is not available for specialty drugs or drugs for chemotherapy. Some medications require precertification from the plan.
	Brand drugs	20% minimum \$4 <u>copay</u> / \$12 <u>copay</u> mail order		
	Specialty drugs	20% minimum \$50 maximum \$100 <u>copay</u>	New drug – 20% minimum \$10 copay Prescription drug coverage - covered in United States or its territories by reimbursement to the members up to 75% of Triple-S Salud established fees, less the applicable drug copayment or coinsurance.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge / visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Physician / surgeon fees	No Charge	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none

If you need immediate medical attention	Emergency room care	\$50 <u>copay</u> / illness visit No charge / accident visit	\$50 <u>copay</u> / illness visit No charge / accident visit	No charge if recommended by Teleconsulta. Coinsurance may apply for non- routine diagnostic tests.
	Emergency medical transportation	Up to \$70 / occurrence	Up to \$70 / occurrence	You pay for the services and the plan will reimbursement the submitted charges.
	<u>Urgent care</u>	See emergency room services	See emergency room services	Coinsurance may apply for non-routine diagnostic tests other than x-rays.
If you have a	Facility fee (e.g., hospital room)	\$150 copay / admission	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Services rendered outside of Puerto Rico will be covered up to 40 visits per year.
hospital stay	Physician/surgeon fees	No charge, except for lithotripsy and invasive cardiovascular test	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Lithotripsy requires <u>precertification</u> .
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$5 copay / group therapy \$15 copay / psychiatrist or psychologist visit \$10 copay / collateral visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Inpatient services	\$150 <u>copay</u> / admission \$50 <u>copay</u> / partial admission	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
If you are pregnant	Office visits	\$10 <u>copay</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	
	Childbirth/delivery professional services	No charge	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC
	Childbirth/delivery facility services	\$150 <u>copay</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	(i.e. ultrasound.)

	Home health care	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Up to 40 visits per policy year for physical, occupational and speech therapies. Requires precertification.
	Rehabilitation services	\$5 <u>copay</u> / physical therapies	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Up to 40 physical therapies per contract year, per member. Chiropractor are covered under the Major Medical coverage.
If you need help	Habilitation services	See Rehabilitation services.	See Rehabilitation services.	See Rehabilitation services.
If you need help recovering or have other special health needs	Skilled nursing care	No charge	Covered by reimbursement or assignment of benefits	Up to 120 days per year, per member. Services rendered outside of Puerto Rico will be covered up to 40 visits per year, per member. Requires precertification.
	Durable medical equipment	25% <u>coinsurance</u>	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Requires <u>precertification</u> .
	Hospice service	Covered through Case Management, subject to be a precertification.	Not covered	none
If your child needs dental or eye care	Children's eye exam	10% coinsurance	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Up to one (1) refraction exam per member, per year.
	Children's glasses	Covered by reimbursement or assignment of benefits	Covered by reimbursement or assignment of benefits	Covered under the Major Medical coverage up to \$100 every two years for glasses and contact lenses. This benefit does not apply to the out-of-pocket limit.
	Children's dental check-up	No charge	Not covered	Covered through Dental coverage. Up to one (1) dental check-up every six (6) months.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (covered through Triple-S Natural)
- Bariatric surgery subject to pre-certification
- Chiropractic care (covered through Major Medical coverage)
- Dental care
- Hearing aids (covered through Major Medical coverage)
- Infertility treatment (covered through Major Medical coverage)
- Routine eye care
- Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage. For more information about the individual insurance coverage, visit www.ssspr.com or call 787-774-6060 or toll free 1-800-981-3241.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>, or visit <u>www.ssspr.com</u> or call 787-774-6060 or toll free 1-800-981-3241.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 787-774-6060 or toll free 1-800-981-3241.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 787-774-6060 or toll free 1-800-981-3241.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 787-774-6060 or toll free 1-800-981-3241.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 787-774-6060 or toll free 1-800-981-3241.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different For more information actual costs will be different entering enteri



Peg is Having a Baby

(9 months of in- network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$150
Other coinsurance	25%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

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I otal Example Cost	\$12,700
n this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$200
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$600
	Cost Sharing Deductibles Copayments Coinsurance What isn't covered Limits or exclusions

Managing Joe's type 2 Diabetes

(a year of routine in–network care of a well – controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$150
■ Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

\$5,600
\$50
\$200
\$800
\$0
\$1,050

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$150
■ Other coinsurance	25%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$50	
Copayments	\$300	
Coinsurance	\$80	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$430	